

# MEDICINES FOR CUBA

No Liquids. All must have an expiration date later than September 2021. These are examples. Any other over the counter medication is acceptable. Drop off in Lenox Fellowship Hall from 9am to 3pm Monday through Thursday. Last drop off day is Thursday August 6.

## MEDICINES

ALLERGY RELIEF: Claritin, Loratadine, Diphenhydramine

ANTIBIOTICS: Triple Antibiotics Cream, Neosporin

BANDAGES: Adhesive, Elastic for circulation,

COUGH: Tussin, Robitussin,

CHILDREN: Antihistamine, Tylenol, vitamins (no gummy pills), Ibuprofen, Vitamins

FEMININE HYGIENE PRODUCTS:

FISH OIL CAPSULES: Omega 3, 6, 9

MUSCLE RELIEF: Asporcreme, Bengay, Evening Primrose Cream, Lidocaine Patch

PAIN RELIEF: Advil, Aleve, Aspirin, Tylenol, Menthol

MEDICINES (Evening primrose oil- 500mg), cod liver oil, loratadine,

VITAMINS: C, D, Multivitamins

## EQUIPMENT

Listed below is some much needed gently used medical equipment.

Walker

Wheelchair

Blood Pressure Monitor

Blood Glucose Monitor

Thermometer

Questions should be directed to Tom Little, [kalani@comcast.net](mailto:kalani@comcast.net), 941-769-0002